



**Leader:** As we approach the sharing of bread and wine let us express our gratitude to God for what is important to us at this time whether that be ordinary or special in this prayer.

*I shall say two phrases, each ending with 'thank you God', to which we all respond, 'THANK YOU, GOD.' After that, anyone else may give thanks using the same pattern and ending with the same words which we repeat.*

LET US PRAY

**Leader:** For this time and this place and for those around us, thank you, God.

**ALL:** THANK YOU, GOD.

**Leader:** For our freedom to worship and to name you, thank you, God.

**ALL:** THANK YOU, GOD.

## ***The Lord's Prayer***

Our Father who art in heaven, hallowed be thy name.  
Thy kingdom come. Thy will be done on earth as it is  
in heaven.

Give us this day our daily bread, and forgive us our  
trespasses,

as we forgive those who trespass against us, and lead  
us not into temptation, but deliver us from evil.

For thine is the kingdom and the power, and the glory,  
forever and ever.

**Amen.**

### **Leader:**

Among friends gathered round a table, Jesus took  
bread, and broke it, and said, "This is my Body"

Later He took the wine and said "This is the new  
relationship with God made possible because of my  
death. Take it, all of you, to remember me"

So, take this bread and this wine, in them God comes  
to us so that we may come to God.

*(the sharing of bread and wine)*

## **The Peace (All stand)**

**Leader:** Christ who has nourished us is our peace.  
Strangers and friends, male and female, old  
and young, he has broken down the barriers  
to bind us to him and to each other.

**ALL:** Look around and say:

***“Let the Peace of Christ Rule in your hearts”***

***Colossians 3:15***

**Leader:** Let us pray.

In gratitude, in deep gratitude, for this moment, this  
meal, these people, we give ourselves to you.

Take us out to live as changed people, because we  
have shared the bread and wine and cannot remain  
the same. Ask much of us, expect much from us,  
enable much by us, encourage many through  
us. So, Lord, may we live to your glory, both as  
inhabitants of earth and citizens of the  
commonwealth of heaven.

Take us out to live as changed people, because we  
have shared the bread and wine and cannot remain  
the same. Ask much of us, expect much from us,  
enable much by us, encourage many through  
us. So, Lord, may we live to your glory, both as  
inhabitants of earth and citizens of the  
commonwealth of heaven.

## **Closing responses**

**Leader:** Christ's food in our souls,  
**ALL:** OUR FOOD SHARED LIKE HIS

**Leader:** Christ's life in our hands,  
**ALL:** OUR LIVES SHAPED BY HIS.

**Leader:** Christ's love in our hearts,  
**ALL:** OUR LOVE WARMED THROUGH HIS.

**Leader:** Christ's peace on our path,  
**ALL:** OUR PATH FOLLOWING HIS.

## **Closing Prayer**

May the God of peace and of all consolation be with  
you and those You love this day and forever.

**Amen**