**Sunday 1st November – Sin and it’s consequences**

Spend some time with your family talking about these questions.

What could help you to keep focused on God’s voice?

What does the psalm writer ask people to do?

What might stop us listening to God’s voice?

**Challenge**

It is easy to let life get in the way and be busy all the time. Not making time to stop and listen to God.

Try to set aside some time to listen to God this week. You might listen to worship music, go for a walk, read the bible or just sit and wait.

However you choose to wait, write down anything you hear or feel. It just might be really important... Either to you or to someone you know.