**Ephesians Through Lent 2022**

**Ephesians 5**

<https://www.biblegateway.com/passage/?search=Ephesians%205&version=NLT>

As you begin, read the chapter. First read it through on your own, and then, if you’re in a group, take it in turns to read a verse at a time. When you’ve done that, take a few moments to pray and quietly ask God what particular aspect of it you are meant to take away today.

What does the passage say about God?

What does it say about you?

What will you do differently having spent time reading it today?

If this opens up discussion in your group, you might want to spend the time you have together focusing on that before praying for one another and drawing to a close, but if it would help the conversation to flow, here are some questions.

1. Who do you know who imitates God and lives a life filled with love? It might be someone close to you or someone in history or in the news. What was particular about them?
2. The passion and clarity of vv3-14 could seem jarring or off-putting. Why do you think these things matter so much to Paul and to God?
3. How can we ‘understand what the Lord wants [us] to do?
4. What does it look like to ‘submit to one another out of reverence to Christ’? And why is it important that this verse comes before a passage traditionally used to define what a Christian marriage might look like?
5. Does it excite you to think that Christ and the Church are one? (V32) How might this help us to understand how we can live for God in the world?

You might find it helpful to watch this overview of Ephesians online: <https://bibleproject.com/explore/video/ephesians/>